Metallomics



TUTORIAL REVIEW

Cite this: *Metallomics*, 2014, **6**, 55

Metallothionein polymorphisms in pathological processes

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Metallothioneins (MTs) are a class of metal-binding proteins characterized by a high cysteine content and low molecular weight. MTs play an important role in metal metabolism and protect cells against the toxic effects of radiation, alkylating agents and oxygen free radicals. The evidence that individual genetic characteristics of MTs play an important role in physiological and pathological processes associated with antioxidant defense and detoxification inspired targeted studies of genetic polymorphisms in a clinical context. In recent years, common MT polymorphisms were identified and associated with, particularly, western lifestyle diseases such as cancer, complications of atherosclerosis, and type 2 diabetes mellitus along with related complications. This review summarizes all evidence regarding MT polymorphisms of major human MTs (MT1, MT2, MT3 and MT4), their relation to pathological processes, and outlines specific applications of MTs as a set of genetic markers for certain pathologies.

Received 24th April 2013, Accepted 2nd September 2013

DOI: 10.1039/c3mt00132f

www.rsc.org/metallomics

1 Introduction

Living organisms constantly need to cope with harmful environmental conditions such as heavy metal load, UV radiation, and oxidative stress. It is well known that the toxicity levels of metals and reactive oxygen species (ROS) vary considerably between, as well as within, species.¹ Differential expression and function of metal binding proteins, such as metallothioneins (MTs), might be one of the reasons for this variation.² In several genome-wide association studies a cluster of MT genes located on chromosome 16 (16q12-22) was found to be an important target in candidate gene finding. Lee *et al.* associated this gene cluster with obesity³ and Seibold *et al.* with breast cancer risk.⁴ Furthermore, promoter methylation and differential gene expression of *MT1G*, an MT gene paralog, was identified as a novel

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^f Department of Paediatric Haematology and Oncology, 2nd Faculty of Medicine Charles University and University Hospital Motol, V Uvalu 84, CZ-150 06 Prague 5, Czech Republic marker in melanoma in a genome-wide study.⁵ Notable changes in the expression of a variety of metallothionein genes, with a number of them being clearly upregulated, were identified in the pancreatic beta-cells from type 2 diabetes mellitus (T2DM) patients. These include the metallothioneins 1E, 1G, 1M, 1X and 2A.⁶ Expression of MTs may be also influenced by different external and internal factors, such as single nucleotide polymorphisms (SNPs).⁷ The evidence that individual genetic characteristics play an important role in physiological and pathological processes associated with antioxidant defense and detoxification resulted in numerous follow-up studies of genetic polymorphisms in the clinical settings.

In this review we discuss the role of MTs and report all relevant single nucleotide polymorphisms (SNPs) in humans, including their locations along the gene sequence. Subsequently, we summarize the evidence regarding the association of MT SNPs with various pathological conditions. To date, no comprehensive review and only one genome-wide association study⁴ with regard to human MT polymorphisms have been published. Moreover, although numerous studies in the last three decades have described the association of MT SNPs with various pathological conditions, the nomenclature is riddled with inconsistency and inaccuracy. The novelty of this review lies in the synthesis of all studies related to MT polymorphisms, the nomenclature standardization according to the latest recommendations,⁸ and the exhaustive comparison across multiple databases.

1.1 How SNPs affect protein function

Single nucleotide polymorphisms (SNPs) are the most common source of variation in the human genome.⁹ Given their location,

SNPs can be divided into coding and non-coding region SNPs. A SNP in the coding region may affect the amino acid composition in two different ways:

(a) Non-synonymous SNPs (nsSNPs) result in an alteration of the coded amino acid. NsSNPs may lead to missense and nonsense types of mutation. A missense mutation changes one codon into another, thereby causing a change in the resulting amino acid, whereas nonsense mutation results in a misplaced termination codon. NsSNPs usually have a significant effect on the structure or function of the encoded protein. The functional effects caused by nsSNPs can be divided into several categories: SNPs affecting protein structure (protein aggregation, stability, flexibility, functional sites, and protein folding); reaction kinetics and its dependence on the environmental parameters; subcellular protein localization; mRNA stability and protein expression; and finally, interactions with other molecules.¹⁰

(b) Due to the redundant nature of the RNA triplet code, many coding region SNPs will not cause an amino acid change of the encoded protein. Such SNPs are called synonymous or silent, but it cannot be said with certainty that they have no effect.¹¹ Synonymous polymorphisms appear to influence the kinetics of translation and protein folding (possibly *via* translational pausing during the recruitment of rare tRNAs).¹² Synonymous



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polymorphisms also affect the mRNA structure and stability. Furthermore, SNPs in coding as well as in intron regions play a role in alternative splicing.¹³

SNPs found in promoters and other regulatory regions affect the amount or timing of protein production.

2 Materials and methods

2.1 Identification of relevant studies

MEDLINE (PubMed; 1968 to January 2013), EMBASE (1977 to January 2013), Cochrane Library (1953 to January 2013) and Web of Science (Science citation index expanded 1945 to January 2013) were searched using common keywords related to metallothionein and polymorphisms. The keywords were as follows: "polymorphism", "SNP", or "genetic variation" and "metallothionein". Cited references of found studies were analyzed to find additional articles. Date of publication and language were not a restriction. Database search in the National Center for Biotechnology Information's Gene database (NCBI gene, www.ncbi.nlm.nih.gov/gene) was used to identify all human MT genes. Subsequently, database search was performed in the NCBI Short Genetic Variations database (NCBI dbSNP, www.ncbi.nlm.nih.gov/projects/SNP) and in Boston Children's Hospital's Informatics Program's SNPper database (http://snpper.chip.org) to identify relevant MT polymorphisms and their position within genes.

2.2 SNP nomenclature

SNPs localized in 5' untranslated regions of a gene (5'UTR), in the coding sequence, in introns and in 3' untranslated regions of a gene (3'UTR) were only taken into account. SNPs localized near gene regions are not included. The data acquisition process is shown in Fig. 1. SNP names are listed in the NCBI rs format. The SNP position within the gene sequence is depicted by SNP nomenclature according to the Human genome variation society' recommendations for the description of DNA sequence variants v2.0 only,⁸ previous designations, genomic reference sequence, mRNA and protein positions are not listed.



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Fig. 1 Data acquisition process. Flow diagram for identification of metallothionein (MT) genes, MT single nucleotide polymorphisms (SNPs) and relevant studies.

According to this nomenclature, nucleotide +1 is the first in the coding sequence (the first nucleotide of the exon). SNPs in the untranslated region at the 5' end of the gene (5'UTR) are numbered in relation to this first coding nucleotide, for example, substitution of the 12th G to A before the first coding nucleotide, as follows: c.-12G>A. Likewise, SNPs in the coding region (*e.g.* C to G substitution of the third nucleotide) are designated as follows: c.3G>C. Intron SNPs are designated relative to its 5' or 3' end, giving priority to the closer end. For instance, T to G substitution of the second nucleotide in the intron (88 + 2) positioned between coding DNA nucleotides 88 and 89 is as follows: c.88+2T>G. Variants in the 3' untranslated region of the gene are designated in relation to the termination codon as follows: T to A substitution 70 nucleotides downstream of the termination codon: c.*70T>A.

3 Metallothionein gene family

Metallothioneins (MTs) are a class of metal-binding proteins characterized by high cysteine content (up to 30% of the amino acid residues) and low molecular weight (0.5–15 kDa). Up to seven divalent metal ions can be bound to human MTs and this binding stabilizes the three-dimensional structure of MTs.¹⁴ MTs play an important detoxification role in the defense against excessive essential metals; this protective function is related to the ability of MTs to scavenge free radicals.¹⁵ Therefore, MTs are highly expressed when exposed to oxidative stress or toxic factors.^{2*a*,16}

Metallothioneins (MTs) can be found in most eukaryotes. Whereas the structure, physiology, and pathophysiology of MTs exhibit differences between individual species, the claims mentioned herein relate only to the human MTs and cannot be generalized to all organisms. There are four main gene subfamilies of MTs expressed in humans: MT1, MT2, MT3, and MT4. In humans, this cluster of genes is located on chromosome 16 (16q12-22).¹⁷ MT1 and MT2 consist of nine functional (MT1A, MT1B, MT1E, MT1F, MT1G, MT1H, MT1M (also called MT1K), MT1X, and MT2A) and seven nonfunctional (MT1C, MT1D, MT1I, MT1J, MT1L, PT1P, and MT2B) paralogs.¹⁸ Whereas MT1 and MT2 are expressed ubiquitously, MT3 expression appears to be restricted to the brain¹⁹ and metallothionein 4 (MT4) was found to be specifically expressed in stratified squamous epithelia.²⁰

The ubiquitously expressed MT1 and MT2 isoforms are inducible in mammalian cells by heavy metals. In contrast, MT3 seems to be not inducible by heavy metals, although its gene contains metal responsive elements (MREs) in its promoter.²¹ Additionally, the status of the MT4 inducibility is still unclear. The early induction of MTs by metals also makes these proteins a potential biomarker useful to assess the ecotoxicological significance of non-essential (Cd, Pb) and essential, but potentially toxic, (Cu) metals.²² A significant association between the metal levels, MTs expression, and diseases was shown in various tissues^{2c,23} including breast,²⁴ renal,²⁵ and prostate cancers.²⁶ The overexpression of MT2A is frequently observed in invasive human breast tumors and was linked with more aggressive breast cancers.^{24b} Experimental studies have also shown both enhanced and reduced neuronal protection against a variety of oxidative stress-induced damages in MT-overexpressing and MT-knockout mice, respectively.²⁷ However, mice with targeted deletion of both the MT1 and MT2 genes do not exhibit an altered phenotype under normal laboratory conditions.²⁸ Nevertheless, when exposed to cadmium, these mice showed an increased sensitivity to intoxication and a dramatically reduced myotonic reflex of mesenteric arteries.²⁹ Mice with defective genes for MT were ten times more sensitive to Cd toxicity than wild type strains.^{23a}

MT2A seems to be the most expressed MT in the human body.^{26d} The difference in expression between MT2A and other metallothioneins is attributed to the binding ability of enhancers in the *MT2A* promoter region.³⁰

Under physiological conditions, MTs primarily bind zinc, but at the same time they have a particularly high affinity for potentially toxic heavy metals. In a study performed by Waalkes and co-workers, the order of binding affinity of MTs was determined as follows, Cd > Pb > Cu > Hg > Zn > Ag > Ni > Co;³¹ thus MTs are capable of binding Cd and Pb more strongly than Zn.

3.1 Regulation of MT expression

MT expression is controlled mainly at the transcriptional level.^{23d} It could be induced by many different stimuli, such as metal exposure, oxidative stress, glucocorticoids, and changes in pH.^{16c,d,32} MT expression control elements can be functionally subdivided into two categories: basal and inducible. There are several distinct basal sequences, which include the TATA-box, GC-box, and at least two basal level enhancer (BLE) sequences.³³ MT genes also respond to induction by heavy metals, anti-oxidants, and steroid hormones through the action of metal

regulatory elements (MRE), antioxidant responsive elements (AREs), and glucocorticoid responsive elements (GRE) in the 5'-regulatory regions.³⁴

The main transcription factor involved in the metal regulation of expression is MRE-binding transcription factor-1 (MTF-1).³⁵ On exposure to various heavy metals and under conditions of oxidative stress MTF-1 is activated and binds to MRE regions with the consensus sequence TGCRCNC and initializes the gene transcription.³⁶ A recent study has shown that antioxidant response element-mediated expression of MTs is preferentially activated by nuclear respiratory factor 1 (Nrf1).³⁷

4 MT1A polymorphisms

In terms of human MT1A polymorphisms, according to the NCBI database of polymorphisms (http://www.ncbi.nlm.nih.gov/snp/), 41 human SNPs are identified in the *MT1A* gene region (from the 5' untranslated region (5'UTR) to the 3' untranslated region (3'UTR)). According to this database, one is located in the 5'UTR, 6 in the coding sequence, 27 in introns, and 7 in 3'UTR. Of these, three polymorphisms were mentioned in the literature to have a significant impact on physiological and pathophysiological processes (as of January 2013)³⁸ (Fig. 2).

4.1 MT1A polymorphism rs11640851

rs11640851 is a c.80C>A single nucleotide polymorphism (80 nucleotides from the beginning of the exon) located in the *MT1A* coding region. It leads to an amino acid change (Thr27Asn), and can therefore be described as non-synonymous (two different polypeptide sequences can be produced). This polymorphism was associated with longevity in the Italian population and the A allele carriers were predisposed to longevity.^{38a} In contrast, C allele carriers were predisposed to the development of cardiovascular disease and type 2 diabetes (T2DM).^{38b} Concomitantly, older women with the CC genotype showed higher zinc release by MT (detected by a Zinpyr-1 fluorescent probe in the presence of a nitric oxide donor), reduced MT levels and low IL-6 plasma concentrations. MTs induction and zinc metabolism are essential for keeping the inflammatory status under control and for achieving healthy longevity.^{38b}

4.2 MT1A polymorphism rs8052394

This is a non-synonymous polymorphism of the *MT1A* gene, which is located 152 nucleotides from the first codon (ATG) (c.152A>G) and leads to an amino acid change Lys51Arg. Frequency of the rs8052394 G allele was significantly associated with the incidence of the type 2 diabetes mellitus (T2DM).^{38c} Significant differences in the distribution of genotypes and allelic frequencies between T2DM patients and controls were found. Frequency of GA or GG carriers in T2DM groups compared with the control was increased.^{38c} Serum superoxide dismutase (SOD) activity was significantly lower in GG or GA carriers than in AA carriers in diabetic patients.^{38c} SOD catalyzes the conversion of superoxide into oxygen and hydrogen peroxide and represents an important antioxidant defense mechanism against oxidative stress. DM patients overproduce superoxide and their antioxidant system is usually weakened. As a result, damage in





Fig. 2 Metallothionein-1 polymorphisms. Localization of clinically relevant single nucleotide polymorphisms (SNPs) in MT genes. SNP names according to NCBI dbSNP. UTR – untranslated region, ATG – start codon.

multiple organs, such as renal injuries or diabetic cardiomyopathy, occurs.³⁹ Furthermore, the rs8052394 A allele was associated with an increased risk of oral squamous cell carcinoma (OSCC). The AA genotype is associated with alteration of homeostasis of zinc and copper, which may affect molecules containing one of those metals, such as p53. The abnormal expression of MT may also affect its antioxidant role.^{38d} Furthermore Wang *et al.* found, that rs8052394 GA and GG carriers with increased methylmercury (MeHg) intake had lower levels of mercury in their hair compared to subjects with the AA genotype.^{38e}

4.3 MT1A polymorphism rs11076161

This SNP (c. 29-28A>G) is a polymorphism in the first intron of *MT1A*. Yang *et al.* found that rs11076161 is significantly related to the occurrence of diabetic neuropathy in the T2DM patients and is explained by the decreased neuronal protection against oxidative stress.^{38c} rs11076161 A allele carriers also showed a protective trend against oral squamous cell carcinoma (OSCC, odds ratio (OR) = 0.53).^{38d}

5 MT1B polymorphisms

55 human SNPs were identified in the *MT1B* gene region according to the NCBI database (as of January 2013). Of these,

two are located in the 5'UTR, 15 in the coding sequence, 27 in introns, and 11 in the 3'UTR region. Three of these polymorphisms (rs964372, rs8052394, and rs7191779) have a significant association with diseases (see below)^{38c,d,40} (Fig. 2).

5.1 MT1B polymorphism rs964372

This SNP is located in the *MT1B* intron 1 (c.28+137C>G). Significant association was observed between this SNP and decreased utilization of fatty acids in T2DM patients.^{38c} These carriers were characterized by hyperlipidemia with increased serum triglycerides and neuropathy. Furthermore, a protective trend was observed between OSCC and rs964372 C allele carriers (OR = 0.49).^{38d} Increased risk of hepatocellular carcinoma was also observed in individuals carrying haplotype AGT of the *MT1A* rs8052394 A allele, the *MT1B* rs964372 G allele, and the *MT1B* rs8052334 T allele (2.25-fold) compared to the most common ACT haplotype.⁴⁰ In particular, this risk was highlighted in smokers carrying the AGT haplotype (a 6.72-fold increased risk of HCC development). A possible explanation is the different efficiency of individual MT1Bs in coping with oxidative stress induced by smoking.⁴⁰

5.2 MT1B polymorphism rs8052334

This SNP is located in the *MT1B* intron 2 (c.95-68T>C). As indicated above, increased risk of hepatocellular carcinoma was observed in individuals carrying haplotype AGT of the *MT1A* rs8052394 A allele, the *MT1B* rs964372 G allele, and the *MT1B* rs8052334 T allele in smokers.⁴⁰

5.3 MT1B polymorphism rs7191779

This SNP is located upstream of the *MT1B* gene region on chromosome 16 (c.-1975C>G). Similarly, rs7191779 C allele carriers also showed a protective trend against OSCC (OR = 0.36).^{38d}

6 MT1M polymorphisms

MT1M, another MT superfamily gene is transcriptionally regulated by both heavy metals and glucocorticoids. The *MT1M* gene was shown to induce changes of the cell cycle and activate the NF- κ B pathway in Hep-G2 cells.⁴¹ In total, 29 SNPs were identified, two of which are located in the 5'UTR, 10 in the coding sequence, 12 in introns, and 5 in the 3'UTR region. Two of them were associated with a disease^{38e} (Fig. 2).

6.1 MT1M polymorphism rs2270836

rs2270836 is an intron 2 SNP in the *MT1M* gene (c.95-49G>A). Wang *et al.* found a significant effect of the minor homozygote genotype AA of *MT1M* (rs2270836) on urinary Hg levels. Multivariate regression analysis showed that subjects with the AA genotype had lower urinary mercury levels than those with the GG genotype because the binding of heavy metals varies depending on the molecular structures of MTs.^{38e}

6.2 MT1M polymorphism rs9936741

This is a 3'UTR single nucleotide polymorphism at the 327th position of the *MT1M* mRNA sequence (c.*31T>C). As reported by Wang *et al.*, subjects with the TT genotype had lower hair mercury levels than subjects with TC and CC genotypes, respectively, after controlled MeHg intake.^{38e}

7 Other functional MT1 polymorphisms

We found a high level of inconsistency between databases with regard to MT1 polymorphisms. Hence, the data from NCBI dbSNP are reported in this review. In case no polymorphisms are indexed in the NCBI dbSNP database, the SNPper database entry is mentioned. To date, there is no evidence of polymorphisms other than those mentioned to be associated with any given pathological condition. However, the number of polymorphisms without known effects was identified for MT1s. There were 13 coding, 4 in 5'UTR, 19 intron and 2 in 3'UTR in the *MT1F* gene (according to NCBI), 3 coding, 3 in 5'UTR, 10 intron and 14 in 3'UTR in the *MT1G* gene (according to SNPper, no information in NCBI), 19 coding, 3 in 5'UTR, 29 intron and 8 in 3'UTR, 34 intron and 8 in 3'UTR in the *MT1X* gene (according to NCBI).

8 MT2A polymorphisms

According to NCBI (dbSNP), 24 human SNPs were identified in the *MT2A* gene region, 4 of them are located in the 5'UTR, 7 in the coding sequence, 9 in introns and 4 in the 3'UTR region (January 2013). Three *MT2A* polymorphisms with significant impact on the physiological and pathophysiological processes were mentioned in recent publications^{23c,38a,c,e,42} (Fig. 3).

8.1 MT2A polymorphism rs28366003

rs28366003 is an A/G substitution located in the center of the MREa-like consensus sequence TGCACTC (c.-77A>G). This polymorphism was studied in Japanese, Polish, and Turkish populations. The genotype frequencies of AA, AG, and GG were identified in these studies as follows: 82%, 17%, and 0.9% in the Japanese, 88.9%, 10.6%, and 0.5% in the Polish, and 87%, 12.3%, and 0.7% in the Turkish population.^{42a-c} McElroy et al. determined the frequency of the A and G alleles in Caucasian and Afro-American females in the Midwestern United States. The frequency of the G allele was 1.1% in Afro-Americans and 6.4% in Caucasians, which was less frequent than the Japanese and Turkish populations.43 The exact effect of this polymorphism is still not fully understood. Since this SNP position is located in the 5' regulation region, it is possible that the A/G substitution produces allele-specific MT2A gene expression. Using reporter-gene assay with HEK293 cells, Kita et al. observed that this SNP inhibits the binding of nuclear proteins to the core promoter region of the MT2A gene. As a result, this polymorphism should decrease the induction of gene transcription. It was confirmed that this SNP reduced



Fig. 3 Metallothionein-2, -3 and -4 polymorphisms. Localization of clinically relevant single nucleotide polymorphisms (SNPs) in MT genes. SNP names according to NCBI dbSNP. UTR – untranslated region, ATG – start codon.

cadmium-induced transcription of the MT2A gene in the HEK293 cells. 42a

Kayaalti et al. in the study of metal levels in kidney autopsies found considerably high accumulation of Cd in individuals having AG and GG genotypes compared with individuals having the AA genotype.^{38a} Furthermore, the G allele carriers also had higher blood levels of cadmium and lead and lower levels of zinc.^{23c} The critical tissue level of cadmium is 200 μ g g⁻¹ and exceeding this limit may cause renal dysfunction.⁴⁴ Absorption of the Cd and Pb is also associated with a decrease in Zn, as a result of the antagonistic relationships between these elements.^{23b} Consequently, rs28366003 SNP could become a promising indicator of increased risk of diseases associated with the exposure to Cd and ROS. Nevertheless, an association between MT2A promoter polymorphisms and sporadic amyotrophic lateral sclerosis (ALS) in a Japanese population was not confirmed although reactive oxygen species (ROS) are assumed to be involved in the pathogenesis of ALS.⁴⁵

As was shown in another study, maternal blood Cd levels were statistically higher in women with the AG genotype compared to the AA genotype. In contrast, placental Cd levels were significantly higher in mothers with the AA rather than the AG genotype.^{42d} Another study suggested that blood lead levels of the heterozygote genotype (AG) in pregnant women were

statistically higher than those of the homozygote genotype (AA) (P < 0.05).⁴⁶

8.1.1 rs28366003 and ageing. The remodeling capacity of the immune responses during stress (named immune plasticity) is fundamental to reaching successful ageing. Zinc and MT homeostasis is crucial in conferring immune plasticity, taking also into account that satisfactory zinc ion bioavailability is observed in human centenarians. MT expression, stimulated *via* IL-6 and glucocorticoids, seems to be one of the markers of immunosenescence.^{42e} Recent studies show the link between the rs28366003 polymorphism and longevity in the Turkish population. These data support that the AA genotype may be more beneficial for longevity.^{38a,42b}

8.1.2 rs28366003 and cancer risk. Several lines of evidence indicate that MTs play a role in carcinogenesis and chemoresistance of cancer cells.⁴⁷ Although the role of MTs in cancer remains controversial, their overexpression is suggested to increase metastatic potency, resistance to therapy, and a poor prognosis at least in some malignancies.^{26a,e,48}

Since the rs28366003 SNP is located in the center of the MRE consensus sequence, the A/G substitution might alter *MT2A* gene expression. As a result, the MT protein level could decrease, and differences in cancer development and prognosis might be expected in these allele carriers.

The association between rs28366003 and prostate cancer was shown in a study of the Polish population.^{42c} Compared to homozygous common allele carriers, heterozygous carriers had a significantly increased risk of prostate cancer (OR = 2.30). The association between SNP in *MT2A* and clinicopathological parameters, such as the prostate-specific antigen (PSA) level, Gleason score (histological grading), tumour stage, and prostate volume, was analyzed. The statistically significant association was only found between rs28366003 and the Gleason score. The AG genotype and the G allele were more frequently found in patients with Gleason score >7 tumors.^{42c}

8.2 MT2A polymorphism rs1610216

Polymorphism rs1610216 is located in the promoter region of the *MT2A* gene (c.-284C>T). The genotype frequencies of AA, AG, and GG are 90.5%, 0.0%, and 9.5%, respectively, as shown in the healthy Bulgarian population.^{42k} Because of the position in the promoter, this SNP could influence the level of MT expression. Overexpression of MT in various metabolic organs was shown to reduce hyperglycemia-induced oxidative stress, organ specific diabetic complications like diabetic cardiomyopathy,⁴⁹ nephropathy,⁵⁰ and DNA damage in diabetic experimental animals, as shown in comparison to MT-knockout mice.⁵¹

According to Giacconi *et al.*, the AA, rather than the AG, genotype of the rs1610216 polymorphism is associated with chronic inflammation (higher plasma levels of IL-6), hyperglycaemia, enhanced glycosylated hemoglobin (HbA1c), and marked zinc deficiency in atherosclerosis patients. AA patients are at higher risk of developing type 1 DM in association with atherosclerosis (OR = 2.6) and related complications, such as ischaemic cardiomyopathy (OR = 12.6). Nevertheless, no association between this polymorphism and hypertension has been found.^{42h}

Conversely, in the Bulgarian cohort, the G allele (compared to the AA-genotype) was identified as an independent predictor for the development of diabetes without cardiovascular complications (OR = 7.56).^{42k}

8.3 MT2A polymorphism rs10636

This is a 3' untranslated region *MT2A* single nucleotide polymorphism (c.*77G>C). The genotype frequencies are 58.3%, 33.3%, and 8.3% for the GG, GC, and CC alleles in the Caucasian population, respectively.^{42g}

Yang *et al.* found that rs10636 is significantly related to the occurrence of diabetic neuropathy and hyperlipidemia in the T2DM patients.^{38c} An earlier study compared rs10636 *MT2A* polymorphisms in 288 patients with atherosclerosis and 218 healthy elderly controls. The GG carriers had a higher risk of atherosclerosis than controls. Furthermore, a significant decrease in intracellular zinc, decreased serum zinc and copper levels, and increased inflammatory cytokines was also significantly associated with this allele. This MT2A polymorphism influences inflammatory status, zinc availability, NK cell cytotxicity, and trace element levels, all of which may promote plaque development.^{42*i*}

In another research, Gundacker and co-workers^{42g} studied the association between the rs10636 in *MT2A* and Pb levels. They found a negative association between non-wild type variants and blood lead.^{42g} According to the work of Giacconi *et al.*,⁴²ⁱ the C allele of rs10636 is also associated with decreased NK cell cytotoxicity and increased MCP-1 (monocyte chemotactic protein-1) levels in patients suffering from carotid artery stenosis. Zinc deficiency may be responsible for decreased NK cell activity and enhanced plasma concentrations of MCP-1. MCP-1 was increased in atherosclerotic lesions in humans as well as in animal models.⁴²ⁱ Chen *et al.* identified a weak association of blood cadmium levels and the rs10636 allele variant in females living in the densely polluted conditions.^{42j} Multivariate regression analysis showed that subjects with the rs10636 CC genotype had lower urinary mercury levels than those with the GG genotype.^{38e}

9 MT3 polymorphisms

MT3 (also called the growth inhibitory factor, GIF, GIFB or GRIF) is expressed primarily in the central nervous system and small amounts of protein can also be traced in the pancreas and intestines.^{16b} MT3 binds Zn and Cd ions more weakly than MT2.⁵² MT3 functions as a growth inhibitory factor. It plays a major role in the organization and apoptosis of brain cells, and, compared to other MT superfamily members, plays unique biological roles in various neuropathological disorders.^{19,53}

Inter alia, MT3 was revealed as a neuron outgrowth inhibitor in Alzheimer's disease.^{53,54} In total, 32 human SNPs were identified according to the NCBI, 3 of which are located in the 5'UTR region, 4 in the coding sequence, 15 in introns, and 10 in the 3'UTR region. Only one relevant *MT3* polymorphism with a significant impact on the physiological and pathophysiological processes was mentioned in recent publications⁵⁵ (Fig. 3).

9.1 MT3 polymorphism rs45570941

This polymorphism, which is an intron 2 SNP in the *MT3* gene (c.97+377G>C), was studied in a Chinese population of autistic children. Significant differences in the frequencies of rs45570941 genotypes and alleles between autistic children and controls were found^{55b} ($\chi^2 = 13.569$, P < 0.05 and $\chi^2 = 6.89$, P < 0.05, respectively). Heavy metal toxicity was proposed as a hypothetical cause of autism. More specifically, the dysfunction of the MT synthesis and activity may be the major driver of this disorder. Numerous heavy metals, including mercury, lead, and arsenic, were linked with symptoms that resemble the neurological symptoms of autism.^{55a}

10 MT4 polymorphisms

The MT4 gene is located about 20 kb upstream from the MT3 gene and is expressed solely in the epithelia of upper parts of the digestive tract, in the footpads, and in the neonatal skin.⁵⁶ Histologically, *MT4* mRNA was detected in the differentiating spinous layer of cornified epithelia, whereas in the basal layer MT1 expression prevailed.⁵⁶ Furthermore, MT4 showed better Cu binding properties than MT1.⁵⁷

According to NCBI dbSNP, two polymorphisms are located in the coding sequence and 55 in introns. Of these, only one *MT4* polymorphism (rs396230) is known to have a significant impact on the physiological and pathophysiological processes⁵⁸ (Fig. 3).

10.1 MT4 polymorphism rs396230

This is an intron 2 SNP (c.98-137 A>G) in the *MT4* gene. Since MT4 is involved in the detoxification of lead, rs396230 genotypes and renal functions were investigated. Serum creatinine, urea,



Fig. 4 Association of metallothionein polymorphisms with pathological conditions and laboratory changes. See the distinct relation between polymorphisms, metal level change, and disease occurrence. Polymorphism names are in the rs NCBI format. Clinical/laboratory conditions and MT genes are color-coded. Most frequent linkage includes metabolic syndrome-related pathologies (including diabetes and its complications, atherosclerosis, high blood pressure and dyslipoproteinaemia), disbalance of various metal levels, and cancers. For a more detailed view, see Table 1. $\uparrow \downarrow$ – alteration of concentration.

Tutorial Review

 Table 1
 Metallothionein polymorphisms associated with diseases. Metallothionein single nucleotide polymorphism names according to the NCBI SNP database. Association with pathological conditions and cited references are listed below. OSCC – oral squamous cell carcinoma, T2DM – type 2 DM, HCC – hepatocellular carcinoma

Gene	NCBI rs number	SNP	Associated with	Ref.
MT1A	rs11640851	Non-synonymous	Longevity	38a
		in the coding region	Cardiovascular disease	38b
			T2DM	38b
			MT levels	38b
			IL-6 plasma concentrations	38b
	rs8052394	Non-synonymous	T2DM	38 <i>c</i>
		in the coding region	Serum superoxide dismutase	38 <i>c</i>
			OSCC	38 <i>d</i>
			Hair mercury levels	38e
			HCC	40
	rs11076161	In intron	Diabetic neuropathy	38 <i>c</i>
			OSCC	38 <i>d</i>
MT1B	rs964372	In intron	Hyperlipidemia	38c
			Diabetic neuropathy	38c
			OSCC	38 <i>d</i>
			HCC	40
	rs8052334	In intron	HCC	40
	rs7191779	Upstream gene region	OSCC	38d
MT1M	rs2270836	In intron	Urinary Hg level	38e
	rs9936741	In 3'UTB	Hair Ho levels	38e
	135550741	m 5 OTK		500
MT2A	rs28366003	In the 5'UTR regulatory	Cd blood levels	23 <i>c</i>
		region	Pb blood levels	23 <i>c</i>
			Zn blood levels	23 <i>c</i>
			Autopsy kidney Cd levels	38a
			Maternal blood Cd levels	42d
			Placental Cd levels	42d
			Maternal blood Pb levels	46
			Longevity	59
			Prostate cancer	42 <i>c</i>
	rs10636	In 3'UTR	Diabetic neuropathy	38c
			Hyperlipidemia in T2DM	38 <i>c</i>
			Atherosclerosis	42i
			Intracellular Zn availability	42i
			Serum Zn and Cu levels	42i
			Inflammatory cytokines levels	42i
			Soft carotid plaques incidence	42i
			Pb blood levels	42g
			NK cell cytotoxicity	42 <i>i</i>
			Monocyte chemotactic protein-1	42 <i>i</i>
			Urinary Hg levels	380
			Cd blood levels	42i
	rs1610216	In the promoter region	Chronic inflammation	42j 42h
	131010210	in the promoter region	Hyperglycaemia	42h
			Glycated hemoglobin	42h
			Zine deficiency	4211
			NIDDM	42n 43h
			Ischaemic cardiomyonathy	4211
			Development of diabetes	42k
MT3	rs45570941	In intron	Autism in children	55 <i>b</i>
MT4	rs396230	In intron	Blood pressure	58
	18550250	in muon	Serum uric acid	58
			Serain une acia	50

and uric acid levels were measured by Chen *et al.* as indicators of renal function in a cohort of lead battery-recycling factory workers (65.5% had AA, 15.9% AG, and 18.6% GG genotypes). Workers with the AG genotype had higher serum creatinine and urea levels. Furthermore, after adjusting potential confounders, blood pressure and serum uric acid values showed a positive correlation with AA, AG, and GG genotypes (AA genotype strongest).

Workers with the G allele had blood pressures more than 10 mmHg higher than those with the AA genotype. 58

11 Conclusion

MTs play an important role in the cell transportation and management of metals and have a crucial role in the

detoxification processes. MTs expression and their ability to bind metals can be influenced by changes at the DNA level, such as SNPs. In addition to changes in metal levels, some single nucleotide polymorphisms (SNPs) were found to be associated with predisposition to various diseases including cancer, cardiovascular diseases, and faster aging, confirming the key role of MTs in organisms against oxidative stress and toxic metals (Fig. 4).

Although there are numerous association studies investigating the effects of MT polymorphisms in humans, the large level of nomenclature inaccuracy causes an unprecedented degree of confusion in the literature. In addition, the classification of MTs with a clear separation between functional genes and pseudogenes is lacking. Using a systematic approach, we identified in total 388 MT SNPs, of which 18 studies linked 13 MT SNPs in 6 MT paralogs with various pathological conditions. Of these, the most frequent linkage includes metabolic syndrome-related pathologies (including diabetes and its complications, atherosclerosis, high blood pressure and dyslipoproteinaemia) and disbalance of various metal levels, each associated with 7 SNPs. These disorders were followed by cancers, associated with 6 SNPs. The largest numbers of associations have been demonstrated in MT1A and MT2A. These findings emphasize the role of MT in the development and progression of a number of pathological conditions. In addition, the possibility of using MT polymorphisms as risk indicators for a large spectrum of diseases is obvious. However, it is worth noting that because some studies show associations in the laboratory setting only, while others investigate true clinical conditions, there are still missing pieces of the puzzle that would allow a more comprehensive understanding of the issue. Thus, association studies with a more systematic approach are highly desirable.

Conflict of interest

The authors declare they have no competing interests as defined by *Metallomics*, or other interests that might be perceived to influence the results and discussion reported in this paper.

Acknowledgements

Financial support from CEITEC CZ.1.05/1.1.00/02.0068, doc CEITEC.02/2012 (JG), and project for conceptual development of research organization 00064203 is greatly acknowledged.

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